

Inside Out

Inside	Outside in season		Inside winter
Asparagus	Artichokes	Lettuce	Beetroot (can be stored so not necessary)
Aubergine	Asparagus (with protection some of the year)	Neeps	Broccoli
Tomatoes	Beetroot	Onions	Cabbage
Peppers	Broad beans	Pak choi (suffers from pests, too much light and warmth)	Calabrese
Chillies	Broccoli	Peas	Cauliflower
Courgettes	Cabbage	Parsnips	Carrots (can be stored so not necessary)
Cucumber	Calabrese	Potatoes	Chard
Marrows	Cauliflower	Radish	Chicory
Pumpkin	Carrots	Romanesco	Chinese cabbage
Squash	Celeriac	Salsify	Celery
Bulb fennel	Celery	Scorzoneria	Endive
French beans	Chard	Shallots	Garlic
Spring onion	Chinese cabbage (suffers from pests, too much light and warmth)	Spicy salad leaves	Khol rabi
Sweetcorn	Garlic	Spinach	Lettuce
Basil	Khol rabi	Spring onion	Onions
Bay leaves (could go outside later June-Sept if in pot)	Leeks	Sprouts	Pak choi
Marjoram	Borage	Turnips	Peas
Oregano	Chervil		Potatoes
Lemon balm	Chives	Blackcurrant	Spicy salad leaves
Apples	Coriander	Strawberries	Spinach
Apricots	Cumin	Redcurrant	Spring onion
Blackberries	Dill	Whitecurrant	Radish
Cherries	Fennel	Gooseberries	Turnips
Lemon	Mint	Raspberries	
Lime	Parsley	Worcesterberries	Parsley
Nectarines	Rosemary (with protection some of the year)	Jostaberries	Chervil
Orange	Sage (with protection some of the year)		Rosemary
Orange	Tarragon		Sage
Peaches	Horseradish		Coriander
Pears			
Plums			