

Sowing for the school year

Autumn, winter and early spring cropping—all undercover protected growing

Quick growing

What	Sow	How / Where	Harvest
Lettuce (winter varieties)	By August 16th	Sow in modules plant out early September	End September to Christmas (slows mid Nov) Mid-February-May
Spicy salad leaves	By August 16th	Sow in modules plant out early September	End September to Christmas (slows mid Nov) Mid-February-May
Spinach	By August 16 th or Mid-end Sept	Sow in modules plant out early September Sow direct into polytunnel beds	Early October to Christmas (slows mid Nov) Mid-February-May
Chard	By August 16 th or sow mid-end Sept	Sow in modules plant out early September Sow direct into polytunnel beds	Early October to Christmas (slows mid Nov) Mid-February-May
Kale	Mid-end Sept	Sow direct into polytunnel beds	Mid-February-May
Spring onions	By August 16th	In pots, plant out late September/early October	March onwards
Pak choi	By August 16 th -end August	Sow in modules plant out early September	End October/Early November
Chinese stir fry leaves	By August 16 th -end August	Sow in modules plant out early September	End October/Early November
Chinese cabbage	By August 16 th -end August	Sow in modules plant out early September	End October/Early November
Potatoes	-	Plant by end July/early August	Mid-November-Christmas

Other over wintering crops

Celery	Mid-July	Modules transplant early September	November/December or March/April
Spring cabbage	Mid-July	Modules transplant early September	March/April
Calabrese/cauliflower	Mid-July to Mid-August	Modules transplant Late August	December, March-May
Purple sprouting broccoli (use summer types)	Mid-August	Modules transplant late September	March
Peas	Mid-September	Modules transplant early September	May→
Carrots	Mid-late September	Direct in Polytunnel beds	May→

Ventilation will be necessary through the winter to reduce problems with mould. Consider using fleece to protect plants in below freezing conditions.